

**Friday 4 March**

## **Lizette Cabrera wins Girls Doubles Match at National Grasscourt Championships**

The Optus 12s & 14s National Grasscourt Championships were held at Mildura Lawn Tennis Club on 22 February. The tournament forms part of the Optus Junior Tour, a series of events offering the country's junior players great match experiences on all the Grand Slam court surfaces; grass, clay and hardcourt. It's important for juniors to learn about technique and playing styles on all different types of court surfaces, so that they're prepared to match it with the world's best junior players.

In total, 185 tournaments across Australia make up the Optus Junior Tour in 2011, giving juniors the opportunity to obtain and increase their Australian Ranking.

Tennis Townsville Superstar, Lizette Cabrera took part in the tournament and returned with a win! Lizette told us in December 2010 that she was training hard for the Grasscourt Championships!



Lizette Cabrera and her partner Olivia Tranjumulia won the 14 Girls Doubles, winning 6/3, 6/3. This is a great achievement for both girls who defeated the number 1 seed in the semi-finals.

Lizette also took part in the 14 Girls Singles and made it to the quarter finals.

Lizette continued to play in the consolation rounds where she had to play against her doubles partner, Olivia in the finals. Lizette and Olivia are well aware of each other's playing techniques and always have a close match, but Lizette's hard work paid off and she beat Olivia.

Overall Lizette Cabrera came 5<sup>th</sup> in the 14 Girls Championships, which is a great accomplishment for her. Lizette said "It was great to play on the grasscourts. I'll keep training very hard so hopefully I can win the next Nationals".

Lizette will continue her training with Tennis Townsville's Pickering's DMG Touring Squad which is conducted by Tennis Townsville Head Coach, Wayne Hannah.

Lizette is ranked 2<sup>nd</sup> in 14 Girls in QLD and has an Australian Ranking of 166.

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Windmill Bricklaying **North Queensland Open Championships** 30 April - 1 May  
Xstrata NEC **North Queensland Wheelchair Championships** 29 April - 1 May  
Bernie Lanigan Optometrist **Tennis Townsville Championships** 25 - 26 June  
Ergon Energy **North Queensland Junior Age Championships** 25 - 27 September

For further information visit  
[www.tennistownsville.org](http://www.tennistownsville.org)

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